

	MON 19 JAN	TUE 20 JAN	WED 21 JAN	THU 22 JAN	FRI 23 JAN	SAT 24 JAN	SUN 25 JAN
ALL DAY	<p>Exhibition: Paintings by Tibetan Artist Karma Phunstok (Mosquito Foyer) FREE</p> <p>Exhibition/Workshop: "Count your blessings" Make your own mala (Mosquito Foyer) FREE</p> <p>Exhibition: Sand Mandala created by Lama Khedup (Turbine Platform) FREE</p>						
MORNING		9AM TURBINE PLATFORM Mantra Meditation with Lama Khedup FREE	9AM TURBINE PLATFORM Mantra Meditation with Lama Khedup FREE	9AM TURBINE PLATFORM Mantra Meditation with Lama Khedup FREE	9AM TURBINE PLATFORM Mantra Meditation with Lama Khedup FREE	9AM TURBINE PLATFORM Mantra Meditation with Lama Khedup FREE	9AM TURBINE PLATFORM Mantra Meditation with Lama Khedup FREE
		9.30AM-10.30AM TURBINE PLATFORM Tibetan Yoga with Kunga FREE	9.30AM-10.30AM TURBINE PLATFORM Tibetan Yoga with Kunga FREE	9.30AM-10.30AM TURBINE PLATFORM Tibetan Yoga with Kunga FREE	9.30AM-10.30AM TURBINE PLATFORM Tibetan Yoga with Kunga FREE	9.30AM-10.30AM TURBINE PLATFORM Tibetan Yoga with Kunga FREE	9.30AM-10.30AM TURBINE PLATFORM Tibetan Yoga with Kunga FREE
			11.30AM-1PM GRAFFITI ROOM Tibetan Painting Workshop with Karma Phunstok Tickets: brisbanepowerhouse.org	11.30AM-1PM GRAFFITI ROOM Tibetan Painting Workshop with Karma Phunstok Tickets: brisbanepowerhouse.org	11.30AM-1PM GRAFFITI ROOM Tibetan Painting Workshop with Karma Phunstok Tickets: brisbanepowerhouse.org	11.30AM-1PM TURBINE PLATFORM The Dalai Lama's Legacy Who can carry it? Panel discussion FREE	12PM TURBINE PLATFORM Sand Mandala Dissolution with Incense Burning Ritual FREE
AFTERNOON			1.30PM-2.30PM TURBINE STUDIO I Heart MoMo Cooking Workshop with Wanday Dhondup Tickets: brisbanepowerhouse.org	1.30PM-2.30PM TURBINE STUDIO I Heart MoMo Cooking Workshop with Wanday Dhondup Tickets: brisbanepowerhouse.org	1.30PM-2.30PM TURBINE STUDIO Chakra Healing Workshop with Sal Battaglia Tickets: brisbanepowerhouse.org	1.30PM-2.30PM TURBINE PLATFORM Finding Happiness in Troubled Times - Public Talk FREE Tickets: brisbanepowerhouse.org	
				3PM-4.30PM GRAFFITI ROOM Tibetan Calligraphy Workshop with Phuntsok Choegyul Tickets: brisbanepowerhouse.org	3PM-4.30PM GRAFFITI ROOM Tibetan Calligraphy Workshop with Phuntsok Choegyul Tickets: brisbanepowerhouse.org	3PM-4.30PM GRAFFITI ROOM Why Tibet? Our Tibet Story FREE	
				4PM-4.30PM TURBINE PLATFORM Tibetan Dance Workshop FREE	4PM-4.30PM TURBINE PLATFORM Tibetan Dance Workshop FREE		
EVENING	7.30PM CONCERT POWERHOUSE THEATRE PRAYER FOR PEACE with Deva Premal and Miten with Tenzin Choegyul Tickets: brisbanepowerhouse.org		7.30-9PM TURBINE STUDIO Compassion in Exile (Film) Tickets: brisbanepowerhouse.org	7PM VISY THEATRE TIBET MY STORY In Conversation with Ama Jetsun Pema Tickets: brisbanepowerhouse.org	8PM TURBINE STUDIO Beyond Optimism (Performance Art) Tickets: brisbanepowerhouse.org	8PM CONCERT TURBINE STUDIO MYSTICAL TIBET Cameraata of St John's, Tenzin Choegyul, Tenzing Yeshe Tickets: brisbanepowerhouse.org	